



21 DAYS OF PRAYER

Day 4:

Focus for Today:

Today we want to challenge you to [fast](#) as you pray for your family, extended family and loved ones who are currently experiencing any potential addictions or strongholds in their lives. You can choose to fast either a portion of the day, a meal, the full day, or in any way you choose. You could consider fasting from food for either one meal today or the entirety of the day with a focus on praying for freedom from addictions in the lives of your loved ones. Pray for relatives or loved ones who are currently struggling with addictions in their lives and for willingness to seek freedom from these. Consider as well, praying for your loved ones to seek Jesus instead of whatever substance/addiction that has control over them.

Daily Scripture:

Luke 4:18: "The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free..."

Prayer Example:

Father, I humble myself before you today and seek your presence and power in the lives of my family and loved ones who are struggling with addictions and strongholds. I pray for freedom from everything that they struggle with (drugs, alcohol, prescription drugs, pornography, gambling and much more...). I pray that you would do the work that only you can do in their lives to lead them to seeking you instead of whatever substance or addiction that has control over them. May they experience the life that is truly life that comes only from You. In Jesus name I pray, Amen.